

Hi, my name is Abby, and I'm truly excited to be working in a role that I feel deeply passionate about — supporting individuals in our community who are experiencing homelessness and navigating addiction. I work with Anchors as part of the Kootenay Peer Outreach Project, where I'm grateful to be involved in meaningful frontline work centered around connection, harm reduction, and meeting people where they're at.

Over the past four years, this work has had a profound impact on who I am, both personally and professionally. It's incredibly important to me that the people I support feel seen, heard, and respected, especially in situations where they may have experienced stigma, judgment, or barriers to care. I strive to bring empathy, authenticity, and consistency into every interaction because I believe those moments of human connection can make a meaningful difference.

I'm also excited to continue learning, growing, and strengthening relationships with community partners throughout the Kootenay region. I'm passionate about collaborating with others to reduce stigma, increase understanding, and help create a more supportive and inclusive community where people feel valued, safe, and understood.