

# Support and Outreach for

## ANKORS

### LAND

#### ACKNOWLEDGEMENT

I respectfully and gratefully acknowledge my relationship with the ancestral unceded territories of the Ktunaxa, Sinixt, and Syilx Nations.

### JOB SPECIFIC LEARNINGS

- CATIE Courses for HIV and Hep. C testing / treatment
  - Coordinated Access Housing Vulnerable Assessment Training
- Housing Society of BC Conferences
  - Burnout & Stress
- Peer Knowledge sharing.
  - Past Experience
  - BSW

Decolonization

Knowledge

### INREACH & OUTREACH

During my first full year as ANKORS Support & Outreach Worker I have supported many individuals in office and/or during home visits with challenges related to: housing & tenancy board, medical/dental, HIV & Hep.C, transportation, emotional, financial, MSDPR, harm reduction, nourishment, cell phones. I am grateful for the trust people have to share their personal trials. In this way they are my teachers.

One to One Support

Me

### MY SOCIAL LOCATION

- Go by Katia Dolan
- Cis-gendered woman (she/her)
- White European Caucasian Settler
- Able-bodied
- Employed
- Educated

## COMMUNITY ACTION TEAMS

(CATs are off shoots of the provincial Community Action Initiative). I have participated in many of the monthly Zoom CAT meetings including Nelson (NFTF), Castlegar (CFOWG), Grandforks (GF CAT) and Trail (Trail CAT). This has been a wonderful way for me to connect, learn and collaborate with other agencies around provision of justice to people affected by the pandemically driven toxic drug supply. While comprising both front line and systemic harm reduction practices such a coordinated approach is inspiring, supportive and practical.



## CASTLEGAR FARMERS' MARKET

As part of the CAT in Castlegar and Nelson I joined a small group that includes peers, to facilitate a regular Education Table focused on harm reduction (HR). We provide: HR supplies, information, fentanyl test strip and naloxone training, information on HIV & Hep C, promote drug testing and offer transportation of drug samples for testing at ANKORS Nelson site. Raises the profile of HR and reduces stigma.



## CASTLEGAR

Overdose Prevention Day  
I organized an Education Table and attended with Chloe Sage (IHA HR coordinator) and a peer on Overdose Prevention Day 2021, at the C/G Wayout Homeless Shelter on OD Prevention Day 31<sup>st</sup> August.

**EDUCATION TABLES/BOOTHS**  
An excellent opportunity to reduce stigma around drug use and HR

## CASTLEGAR COMMUNITY HARVEST FOODBANK

I attend monthly to represent ANKORS with information about HIV, & Hep C, HR supplies, fentanyl test trip training, drug sample transportation for testing at ANKORS Nelson  
This is an another opportunity to meet local services users and providers, become a familiar, consistent and approachable face to lend support or information as needed.

I would love to meet you...  
Katia Dolan — ANKORS Support and Outreach  
When: **March 7, 2022, 10-noon**  
Where: **Castlegar Community Harvest Foodbank**

### I offer...

- Harm Reduction supplies.
- Meeting you where you are at with culturally sensitivity.
- Practical support with paperwork for: social assistance, housing application, ID replacement.
- Accompaniment to medical appointments, community services, and court appearances.
- Referrals to: other ANKORS programs, methadone or suboxone (OAT), Axis Detox, Supported Recovery, for Hep C testing and treatment and mental health supports.



**Community  
Level  
HR**

**CASTLEGAR  
INTEGRATED  
SERVICE  
COLLABORATIVE**

I have represented ANKORS by attending all monthly meetings since the collaborative started in July 2021. Some were face to face and some on Zoom.

The Purpose of : *"The Castlegar Community Collaborative (the "Collaborative") provides an opportunity to connect organizations, businesses, institutions, elected officials, and other individuals with an interest and stake in serving and supporting Castlegar's vulnerable populations, in particular people living without homes. This Collaborative is intended to support the sharing of information, cooperation, and collaboration amongst members on agreed-to plans, actions, and advocacy with other stakeholders and decision makers"*\*.

I have found the opportunity to work alongside other service providers to be a valuable way to understand the homelessness situation in Castlegar . I appreciate the opportunity to contribute to creating safer, accessible and equitable social determinants of health.

**COORDINATED ACCESS.**

As of the New Year I have been part of launching a Coordinated Access Program based at the HUB for dental and (especially for me) housing. Members of the BC Housing organization trained a group of local service providers such as those of Nelson CARES, Nelson Community Services, Supported Recovery Bed program and myself from ANKORS, with a housing Vulnerable Assessment Tool (VAT). This is a thorough and comprehensive way of matching individuals to specific housing opportunities by supporting their success AND by triaging those most vulnerable to interpersonal and systemic barriers. Barriers to intersections of race, class, gender, abilities and stigma can be violently devastating to people's wellbeing.

\*taken from CISC "Terms of Reference" established July 2021.